

Feline Adult Chicken Recipe



(makes a little more than 3.5 lbs of food, depending on cooking method)

Ingredients:

- 🐾 16 oz chicken breast, with skin
- 🐾 12 oz chicken hearts
- 🐾 8 oz chicken gizzards
- 🐾 8 oz sardines (*packed in water, drained*)
- 🐾 6 oz culinary mushrooms
(*cremini, portobello, button, etc*)
- 🐾 4 oz cooked spaghetti or acorn squash
- 🐾 3 oz beef liver
- 🐾 10 g nutritional yeast
(*to meet vitamin B1 requirements*)
- 🐾 8 g chia seeds
(*to meet alpha linolenic acid requirements*)
- 🐾 5 g dried parsley (*from your spice drawer*)
- 🐾 1 g salt
- 🐾 0.5 g kelp powder
(*providing 700 mcg iodine per gram*)

Supplements:

- 🐾 10 g calcium carbonate (*eggshell powder*)
- 🐾 1400 mg choline
- 🐾 30 mg zinc
- 🐾 1000 mg taurine
- 🐾 8 g manganese
- 🐾 18 mg iron
- 🐾 100 IU vitamin E

Directions:

Finely chop or puree all food ingredients, mix all together in a large bowl. In a separate, small bowl mix all supplement powders together. Stir well. Dust powder over food and mix thoroughly. It's important the powder is thoroughly mixed into the food. Serve raw, gently cooked (*poached, stove top*) or made in a crockpot to desired doneness. Store leftovers in the refrigerator for 3 days or freeze for up to one month.



Macronutrient Analysis*

Composition	As Formulated	DM	% kcal
Protein	15.98%	59.62%	48.38%
Fat	6.9%	25.73%	46.97%
Ash	1.77%	6.6%	-
Moisture	73.2%	-	-
Fiber	0.62%	2.32%	-
Net Carbs	1.54%	5.73%	4.65%
Sugars (<i>limited data</i>)	0.24%	0.9%	0.73%
Starch (<i>limited data</i>)	0.29%	1.07%	0.87%
Total			100%

*Nutrient content of natural foods vary, sometimes significantly. Use the nutrient content numbers as approximations only.

Macronutrient Information

total kcal in recipe	2,194.17
kcal per oz	37.46
kcal per pound	599.36
kcal / day	0.00
recipe makes, # of days	0.00
kcal / kg	1,321.35
kcal per kg DM	4,929.64
Amount to Feed per Day (<i>gm</i>)	0.00
Amount to Feed per Day (<i>oz</i>)	0.00
keto ratio (<i>g fat/ (g protein + g net carb)</i>)	0.39

Minerals

	Unit	Min	Max	Recipe	Total Amt	Daily Amt
Ca	g	1.33	0.00	2.10	4.62	0.00
P	g	0.85	0.00	1.49	3.27	0.00
Ca : P	ratio	1 : 1	2 : 1	1.41 : 1	-	-
K	g	2.00	3.75	2.05	4.51	0.00
Na	g	0.25	0.00	0.75	1.65	0.00
Mg	g	0.13	0.00	0.17	0.38	0.00
Cl	g	0.39	0.00	0.76	1.67	0.00
Fe	mg	26.70	0.00	27.27	59.84	0.00
Cu	mg	1.67	0.00	4.50	9.88	0.00
Mn	mg	1.67	0.00	4.68	10.28	0.00
Zn	mg	25.00	71.00	27.22	59.73	0.00
I	mg	0.43	0.00	0.19	0.41	0.00
Se	mg	0.09	0.00	0.19	0.42	0.00

Vitamins

	Unit	Min	Max	Recipe	Total Amt	Daily Amt
Vitamin A	IU	1,111.00	100,000.00	5,940.38	13,034.20	0.00
Vitamin C	mg	0.00	0.00	16.13	35.39	0.00
Vitamin D	IU	83.30	0.00	190.74	418.53	0.00
Vitamin E	IU	12.70	0.00	34.28	75.21	0.00
Thiamine, B1	mg	1.47	0.00	2.31	5.07	0.00
Riboflavin, B2	mg	1.05	0.00	5.70	12.50	0.00
Niacin, B3	mg	10.50	0.00	53.96	118.40	0.00
Pantothenic Acid, B5	mg	1.92	0.00	10.29	22.58	0.00
B6, (Pyridoxine)	mg	0.83	0.00	2.50	5.49	0.00
Vitamin B12	mg	0.01	0.00	0.03	0.07	0.00
Folic Acid	mg	0.25	0.00	0.38	0.83	0.00
Choline	mg	800.00	0.00	901.38	1,977.77	0.00
Vitamin K1	mg	0.00	0.00	0.03	0.07	0.00
Biotin	mg	0.02	0.00	0.47	1.03	0.00

Fats

	Unit	Min	Max	Recipe	Total Amt	Daily Amt
Total	g	22.50	0.00	52.19	114.52	0.00
Saturated	g	0.00	0.00	14.24	31.25	0.00
Monounsaturated	g	0.00	0.00	18.49	40.58	0.00
Polyunsaturated	g	0.00	0.00	12.70	27.88	0.00
LA	g	1.67	13.80	7.39	16.21	0.00
ALA	g	0.00	0.00	1.27	2.79	0.00
AA	g	0.02	0.00	1.68	3.69	0.00
EPA	g	0.00	0.00	0.57	1.25	0.00
DPA	g	0.00	0.00	0.08	0.18	0.00
DHA	g	0.00	0.00	0.94	2.05	0.00
Omega-6/Omega-3	ratio	0	0	3.15 : 1	-	-
EPA + DHA 5	g	0.00	0.00	1.51	3.30	0.00

Amino Acids

	Unit	Min	Max	Recipe	Total Amt	Daily Amt
Total Protein	g	83.30	0.00	120.94	265.37	0.00
Tryptophan	g	0.44	0.00	1.31	2.87	0.00
Threonine	g	1.73	0.00	5.15	11.30	0.00
Isoleucine	g	1.44	0.00	5.80	12.72	0.00
Leucine	g	3.40	0.00	9.10	19.96	0.00
Lysine	g	1.13	0.00	9.24	20.28	0.00
Methionine	g	0.57	0.00	3.02	6.62	0.00
Methionine - Cystine	g	1.13	0.00	4.50	9.87	0.00
Phenylalanine	g	1.33	0.00	5.02	11.01	0.00
Phenylalanine - Tyrosine	g	5.11	0.00	8.96	19.65	0.00
Valine	g	1.70	0.00	6.02	13.22	0.00
Arginine	g	3.30	0.00	7.43	16.31	0.00
Histidine	g	0.87	0.00	3.38	7.41	0.00
Purines	-	0.00	0.00	926.09	2,032.00	0.00
Taurine	g	0.67	0.00	0.82	1.79	0.00

Feeding Instructions:

10 Pound Adult Cat - Indoor Sedentary

Required kcal per day	143.19
Amount to Feed per Day (g)	108.37
Amount to Feed per Day (oz)	3.82
Total kcal in Recipe	2,194.17
Number of days	15.32
kcal per g	1.32
kcal per oz	37.46
Keto Ratio (g fat/(g protein g net carb))	0.39
kcal per kg	1,321.35
kcal per kg DM	4,929.64
kcal per lbs	599.36

10 Pound Adult Cat - Indoor

Required kcal per day	206.53
Amount to Feed per Day (g)	156.30
Amount to Feed per Day (oz)	5.51
Total kcal in Recipe	2,194.17
Number of days	10.62
kcal per g	1.32
kcal per oz	37.46
Keto Ratio (g fat/(g protein g net carb))	0.39
kcal per kg	1,321.35
kcal per kg DM	4,929.64
kcal per lbs	599.36

10 Pound Adult Cat - Outdoor Sedentary

Required kcal per day	275.37
Amount to Feed per Day (g)	208.40
Amount to Feed per Day (oz)	7.35
Total kcal in Recipe	2,194.17
Number of days	7.97
kcal per g	1.32
kcal per oz	37.46
Keto Ratio (g fat/(g protein g net carb))	0.39
kcal per kg	1,321.35
kcal per kg DM	4,929.64
kcal per lbs	599.36